

# Mudra course by Dr. Jayshree Yeshwante

See her class provided at the [health library](#) location in India

## YouTube

## Notre commanditaire

*Voyez cette offre commanditaire*

## SlideShare

[10 Myths About your Health by Mr. Abhay Valsangkar](#) from [Health Education Library for People](#)

## Interesting links

- [Mapping the brain](#)
- [Awakenings](#)
- [YogaInEnglish](#)
- [You're here](#)
- [Mudra Workshop in English](#)
- [InterviewInEnglish](#)
- [Will soon be removed - Lip Dub](#)
- [Daniel's blog with some english articles](#)