



## Table des matières:

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  - yogashchittavrittinirodhah
  - tada drashtuh svaroope avasthanam
  - vrittisaroopyam itaratra
  - vrittayah pangchatayyah klishta aklishtah
  - pramannaviparyayavikalpanidrasmritayah
  - pratyakshanumanagamah pramanani
  - viparyayo mithyajnanam atadroopapratishtham
  - shabdajnaanapanupati vastushoonyo vikalpah
  - abhavapratyayalambana vrittirnidra
  - anubhootavishayasanpramoshah smritih
  - abhyasavairagyabhyan tannirodhah
  - tatra sthitau yatno abhyasah
  - sa tu dirghakalanairantaryasatkarasevito dridha -bhoomih
  - drishtanushravikavishayavitrishnnasy vashikara samjna vairagyam
  - tatparan purushakhyatergunnavaitrishnyam
  - vitarkavicharanandasmitaropanugamat sanprajnatah
  - viramapratyayabhyasapoorvah sanskarashesho anyah
  - bhavapratyayo videhaprakritilayanam
  - shraddhaviryasmritisamadhiprajnapoorvaka itaresham
  - tivrasanveganam aasannah

- mridumadhyadhimatratvat tatopi visheshah
  - eeshvarapranidhanad va
  - kleshakarmavipakashayairaparamrishtah purushavishesh eeshvarah
  - tatra niratishayan sarvajntvabijam
  - sa poorvesham api guruh kalenavachchedat
  - tasya vachakah prannavah
  - tajjapastadarthabhavanam
  - tatah pratyakchetanadhigamopyantarayabhavashch
  - vyadhistyanasanshayapramadalasyaviratibhrantidar shanalabdhabhoomikatvanavasthitatvani chittavikshepastentaryah
  - duhkhadaurmanasyangamejayatvashvasaprashvaa vikshepasahabhuvah
  - tatpratishedhartham ekatattvabhyasah
  - maitreekarunamuditopekshanan sukhaduhkhapunyapunyavishayanan bhavanatashchittaprasadanam
  - prachchhardanavidharanabhyan va prannasya
  - vishayavati va pravrittirutpanna manasah sthitinibandhini
  - vishoka va jyotishmati
  - vitaragavishayan va chittam
  - svapnanidrajanalambanan va
  - yathabhimatadhyananad va
  - paramanu paramamahattvantosya vashikarah
  - ksheennavritterabhijatasyeve manergrahitrigrahannagrahyeshu tatsthatadangjanatasamapattih
  - tatra shabdarthajnanavikalpaih sankeerna savitarka samapattih
  - smritiparishuddhau svaroopashoonyevarthamatranirbhasa nirvitarka
  - etayaiva savichara nirvichara cha sookshmaavishaya vyakhyata
  - sookshmaavishayatvan chalinggaparyavasananam
  - ta eva sabijah samadhih
  - nirvicharavaisharadye adhyatmaprasadah
  - rtanbhara tatr prajna
  - shrutanumanaprajnabhyan anyavishayaa vishesharthatvat
  - tajjah sanskaro nyasanskarapratibandhi
  - tasyapi nirodhe sarvanirodhannirbijah samadhih
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- Patanjali - Chapitre II - Concentration - La pratique - Sadhana Pada
    - tapahsvadhyayeshvarapranidhanani kriyayogah
    - samadhibhavanarthah kleshatanookaranarthashch
    - avidyasmitaragadveshabhiniveshah kleshaah
    - anityashuchiduhkhanatmasu nityashuchisukhatmakhyatiravidyaavidya kshetram uttareshan prasuptatanuvichchinnodaranam
    - anityashuchiduhkhanatmasu nityashuchisukhatmakhyatiravidya
    - drigdardshanashaktyorekatmatevasmita
    - sukhanushayi raagah
    - duhkhanushayi dveshah
    - svarasavahi vidushopi tatharoodho bhiniveshah
    - te pratiprasavaheyah sookshmah
    - dhyanahyastadvrittayah

- kleshamoolah karmashayo drishtadrishtajanmavedaniyah
- sati moole tadvipako jatyaayurbhogah
- te hlaparitamafalah punyapunyahetutvat
- parinatapasanskaradukhhaigunnavrithi - virodhaccha dukkham eva sarvan vivekinah
- heyam dukkham anagata
- drashtridrishtayoh sanyogo heyahetuh
- prakashakriyasthitishilan bhootendriyatmakan bhogapavargathan drishyam
- visheshavisheshalinggamatralinggani gunnaparvani
- drashta drishimatrah shuddhopi pratyayanupashyah
- tadarth eva drishyasatma
- kritarthan prati nashtam apyanashtan tadanyasadharannatvat
- svasvamishaktyoh svaroopopalabdhihetuh sanyogah
- tasya heturavidya
- tadabhatvat sanyogabhavo hanan taddrisheh kaivalyam
- vivekakhyaativiplava hanopayah
- tasya saptadhaa prantabhoomih prajna
- yogangganushthanad ashuddhikshaye jnanadiptira vivekakhyaateh
- yamaniyamasanpranayamapratyahaadharanadhy anasamadhayo-a-shtava anggani
- ahinsasatyasteyabrahmacharyaparigraha yamah
- jatideshakalasanayanavachchinnah sarvabhauma mahavratam
- shauchasantoshatapahsvadhyayeshvara- pranidhanani niyamah
- vitarkabadhane pratipakshabhavanam
- vitarkaa hinsadayah kritakaritanumodita lobhakrodhamohapoorvaka mridumadhyadhimitra dukkhajnananantafala iti pratipakshabhavanam
- ahimsapratishthayam tatsannidhau vairatyagah
- satyapratishthayam kriyafalashrayatvam
- asteyapratishthayam sarvaratnopasthanam
- brahmacharyapratishthayam viryalabhah
- aparigrahasthairye janmakathantasanbodhah
- shauchat svanggajugupsa parairasansargah
- sattvashuddhisamanasyaikagyendriyajayatmadars hanayojnatvani cha
- santoshad anuttamah sukhlabhah
- kayendriyasiddhirashuddhikshayat tapasah
- svadhyayad ishtadevatasanprayogah
- samadhisiddhirishvarapranidhanat
- sthirasukham aasanam
- prayatnashaitilyanantasamapattibhyam
- tato dvandvanabhighatah
- tasmin sati shvasaprashvasayorgativichchedah pranayamah
- bahyabhyantarastambhavrithih deshakalasanakhyabhiih paridrishto dirghasookshmah
- bahyabhyantaravishayakshepi chaturthah
- tatah ksiyate prakasa avaranam
- dharanasu ch yojnata manasah
- svasvavishayasanprayoge chittasy svaroopanukar ivendriyanan pratyaharah

- tatah parama vasyata indriyanam
- Patanjali - Chapitre III- Le pouvoir - Vibhuti Pada
  - deshabandhashchittasya dharana
  - tatra pratyayaikatanata dhyanam
  - tad evarthamatranirbhasan svaroopashoonyam iva samadhih
  - trayam ekatra sanyamah
  - tajjayat prajnaalokah
  - tasya bhoomishu viniyogah
  - trayam antaranggan poorvebhyah
  - tad api bahiranggan nirbijasy
  - vyutthananirodhasanskarayorabhibhavapradurbhavau nirodhakshannachittanvayo nirodhaparinamah
  - tasya prashantavahita sanskarat
  - sarvarthataikagratayoh kshayodayau chittasya samadhiparinamah
  - tatah punah shantoditau tulyapratyayau chittasyaikagrataparinamah
  - etena bhootendriyeshu dharmalakshanavastha parinama vyakhyatah
  - shantoditavyapadeshyadharmanupati dharmi
  - kramanyatvan parinamanyatve hetuh
  - parinamatrayasanyamadatitanagatajnanam
  - shabdarthapratyayanam itaretaradhyasat sankarah tatpravibhagasanyamat sarvabhootarutajnanam
  - sanskarasakshatkaranat poorvajatijnanam
  - pratyayasy parachittajnanam
  - na cha tat salambanan,tasyavishayibhootatvat
  - kayaroopasanyamat tadgrahyashaktistambhe chakshuhprakashasanprayogentardhanam
  - etena shabdadyantardhanamuktam
  - sopakraman nirupakraman cha karma tatsanyamad aparantajnanam,arishtebhyo va
  - maitryadishu balani
  - baleshu hastibaladini
  - pravrittialokanyasat sookshmayavahitaviprakishtajnanam
  - bhuvanajnanan soorye sanyamat
  - chandre taravyoohajnanam
  - dhruve tadgatijnanam
  - nabhichakre kayavyoohajnanam
  - kanthakoope kshutpipasanivrittih
  - koormanadyan sthairyam
  - moordhajyotishi siddhadarshanam
  - pratibhad va sarvam
  - hridaye chittasanvit
  - sattvapurushayoratyantasankeernnayoh pratyayavishesho bhogah pararthatvat svarthasanyamat purushajnanam
  - tatah pratibhashravannavedanadarshasvadavarta jayante
  - te samadhavupasargaa vyutthane siddhayah
  - bandhakarannashaithilyat pracharasanvedanach ch chittasya parashariraveshah
  - udanajayajjalapangkakantakadishvasangg utkrantishch
  - samanajayat prajvalanam
  - shrotrakashayoh sanbandhasanyamad divyan shrotram

- kayakashayoh sanbandhasanyamal aghutoolasamapatteshchakashagamanam
  - bahirakalpita vrittirmahavideha tatah prakashavarannakshayah
  - sthoolasvaroopasookshmanvayarthavattva samyamadbhootajayah
  - tatoanimadipradurbhavah kayasanpat taddharmanabhighatashch
  - roopalavanyabalavajrasanhananatvani kayasanpat
  - grahannasvaroopasmitanvayarthavattvasanyamad indriyajayah
  - tato manojavitvan vikarannabhavah pradhanajayashch
  - sattvapurushanyatakhyatimatrasy sarvabhavadhishtatritvam sarvajnatritvan cha
  - tadvairajnadapi doshabijakshaye kaivalyam
  - sthanyupanimantrane sanggasmayakarannan punah anishtaprasanggat
  - kshannatatkramayoh sanyamadavivekajam jnanam
  - jatilakshannadeshairanyataanaavachchedat tulyayostatah pratipattih
  - tarakan sarvavishayan sarvathavishayam akraman cheti vivekajan jnanam
  - sattvapurushayoh shuddhisamyeh kaivalyam iti
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- Patanjali - Chapitre IV - L'indépendance - Kaivalya Pada
    - janmaushadhimantratapahsamadhijah siddhayah
    - jatyantaraparinamah prakriyapoorat
    - nimittam aprayojakan prakritinan varannabhedastu tatah kshetrikavat
    - nirmanachittanyasmitamatrat
    - pravrittibhede prayojakam chittam ekam anekesham
    - tatra dhyanaajam anashayam
    - karmashuklakrishnam yoginah trividham itaresham
    - tatastadvipakanugunanam evabhivyaktirvasananam
    - jatideshakalavyavahitanam apyanantaryam smritisanskarayoh ekarootatvat
    - tasam anaditvam chashisho nityatvat
    - hetufalashrayalambanaih sangrihitatvad esham abhave tadabhavah
    - atitanagatan svarootatostyadhvabhedad
    - te vyaktasookshma gunatmanah
    - parinamaikatvad vastutattvam
    - vastusamyeh chittabhedat tayorvibhaktah panthah
    - taduparagapekshatvat chittasya vastu jnatajnatah
    - sada jnatashchittavrittayastatprabhoh purushasyaparinamitvat
    - na tat svabhasandrishyatvat
    - ekasamaye chobhayanavadharannam
    - chittantaradrishyeh buddhibuddheratiprasanggah smritisanskarashcha
    - chiterapratisanskramayastadakarapattau svabuddhisandvedanam
    - drashtridrishyoparaktan chittan sarvartham
    - tadasankhyeyavasanachitram api pararthan sanhatyakaritvat
    - visheshadarshin aatmabhavabhavanavinivrittih
    - tada vivekanimnan kaivalyapragbharan chittam
    - tachchhidreshu pratyayantarani sanskarebhyah
    - hanam esham kleshavaduktam
    - prasankhyanepyakusidasy sarvathavivekakhyater dharmameghah samadhih
    - tatah kleshakarmanivrittih

- tada sarvavarannamalapetasy jnanasyaanantyajgyeyam alpam
  - tatah kritarthanan parinamakramapari samaptirgunanam
  - kshannapratiyogi parinamaparantanigrarhyah kramah
  - ksana pratiyogi parinamaparanta nirgrahyah kramah
  - purusharthashoonyanan gunanan pratiprasavah kaivalyan, svaroopapratishtha va chitishaktireti
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